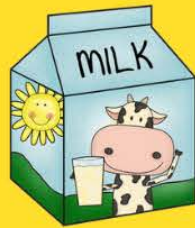


ZEST CATERING FACT SHEET



**KIDS
HEALTHY
FOOD**



We offer a free salad bar and freshly baked homemade bread, in addition to the menu.

Yogurts and a selection of whole and cut fruit pieces are available daily, as an alternative to the stated dessert.

KS1 children also receive fresh milk.

Drinking water is prominently available.

WE COMPLY WITH SCHOOL FOOD GUIDELINES AND OUR PORTION SIZES ARE COMMENSURATE TO GOVERNMENT RECOMMENDED SIZES.

ALTHOUGH, THERE'S A BIG DIFFERENCE IN THE APPETITES AND NEEDS OF CHILDREN AS THEY PROGRESS THROUGH PRIMARY SCHOOL, SO WE DO TAKE THIS INTO CONSIDERATION WITH OUR PORTION SIZES.

THIS NOT ONLY CUTS DOWN ON FOOD WASTE, BUT ALSO MAKES SURE THAT THERE'S ENOUGH FOOD AND CHOICE FOR EVERYONE.

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IMPORTANT FACTS

DID YOU KNOW?

- ✓ Our menus demonstrate their compliance with government nutritional standards or guidelines on food and nutrition, which goes hand in hand with our ethos of 'Fresh, Healthy, Tasty'.
- ✓ Our meals are cooked fresh each day in the kitchen.
- ✓ We meet with children from the School Council on school meal improvements.
- ✓ We use Eco Compostable packaging.
- ✓ We have created reduced sugar recipes for our homemade dessert.
- ✓ Our fish is MSC accredited.
- ✓ Our staff are fully trained in food hygiene & safety and allergen awareness.
- ✓ No undesirable or artificial trans fats are used.
- ✓ All our kitchen's have a 5 Star rating.



WE OFFER THEME DAYS THROUGHOUT THE YEAR, DETAILS OF THESE, AND OUR CURRENT MENU, CAN BE FOUND ON THE WEBSITE